



Get Set 4 P.E.

Pass it on

What you need: A ball.

How to play:

- Ask the pupils to begin standing behind their desk.
- The teacher passes the ball to someone in the class who then passes the ball to someone else.
- Once a pupil has thrown the ball they must stay standing and hold their arms in the air.
- Play until everyone is standing with their hands in the air.

**How quickly
can your class
pass it on?**

