



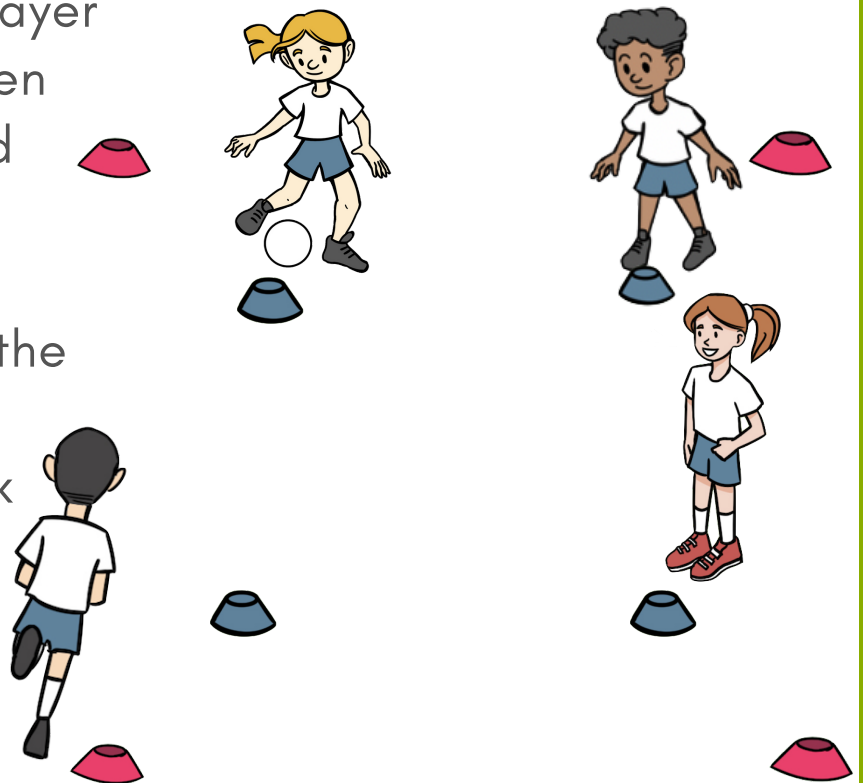
**Get Set 4 P.E.**

# Beat the ball

**What you need:** 8 cones and one ball.

## How to play:

- Use the cones to create two squares. One inner square and one outer square.
- All players begin standing at a cone on the inner square.
- One player begins with the ball at their feet. They pass the ball the player on their left and then begin to run around the outer square.
- In the meantime all other players pass the ball to each other trying to get it back to the runners start cone before the runner.



## Considerations:

- Ensure the outer square is 2m away from the inner square.
- Make this harder for the runner by allowing them to run as many times as they like until the ball reaches their cone.